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MAY 31, 2026



Welcome to Holy Family! We are so happy that you are here with us!

Pastor's Corner

I share with you portions of an entry from Catholic speaker and lay evangelist, Chris Stefanick from his May 15 Daily Anchor email. May is Mental Health Awareness Month. St. Dymphna, whose feast day is May 15, is the patron saint of those who suffer from mental illness, anxiety, and emotional distress. She's also patroness of runaways and victims of sexual abuse. Born to a pagan father and Christian mother in the 7th century, she took a vow of chastity at the age of fourteen. Her mother died and her father, a Celtic chieftain, had a mental breakdown. Because he couldn't find a wife as beautiful as his deceased wife, his advisors told him to marry his daughter, who looked just like her mom. She fled to Belgium, and her enraged father tracked her down. When she refused to come home with him, he ordered his men to behead her. They refused, and he did so himself. She was fifteen.

Pilgrimages to her tomb in Geel, Belgium, grew over time, when pilgrims seeking healing from mental health issues began experiencing miracles. Tragically, many who didn't experience miracles were left by their overwhelmed families at the pilgrimage site – long before mental health was understood. And a sign of God's presence that's arguably more powerful than miracles began. Local Christians started to take them in, treating them like family. And so, in Geel, Belgium, the Catholic community began what is now called the "family foster care" system with roots documented back to the 13th century. Geel is recognized as the oldest therapeutic community in Europe. Criticized as "medieval" during the era when mental health patients were subjected to shock therapy and lobotomies, the Geel method is considered cutting edge today. A published NIH article on Geel's model cited this definition of recovery: "The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human." And research has shown that simply embracing people as they are and walking with them, rather than applying a heavy-handed "fix-it fast" model, actually brings about peace over time. Dymphna's tragic life and the distress she must have experienced didn't disqualify her from sainthood. They were her path to it. Nor does any mental health issue disqualify anyone. Things like anxiety and depression are a cross that can be offered up to God just like any physical ailment—perhaps more powerfully. But the unintended legacy of St. Dymphna's death, as is the case with many saints, has been a proliferation of saints whose names we'll never know: a thousand-year legacy of Catholics in Geel who decided not to judge those they couldn't understand, but to simply welcome them home. The world could use more of that today.

God bless you! ~ Fr. Bob

Mass Intentions

Saturday, May 30	Sunday, June 7
5:00 pm Edith Simon - Anniversary	7:30 am Our Parishioners
Sunday, May 31	9:00 am Peter & Gabrielle Mickels,
7:30 am Kathy McBain - Memorial	Louis & Lenora Cormier - Memorial
9:00 am Our Parishioners	10:30 am Michael Quinlan -
10:30 am Adrienne Page - Memorial	Memorial
5:00 pm Elizabeth Rowan - Memorial	5:00 pm Maria Aparecida Pereira
Monday, June 1	De Moraes, Oswaldo Lopes
8:15 am John & Florence Groncki -	doMascimento,
Wedding Anniversary	Denise Spezile - Memorial
Saturday, June 6	
5:00 pm Marie Grady Doherty -	
Memorial	

SCHEDULE

WEEKEND MASS

SAT: 5 PM | SUN: 7:30 AM | 9 AM 10:30 AM | 5 PM
*The 9:00 am Mass offers **Children's Liturgy of the Word** and is **live-streamed** at www.holyfamilyduxbury.org. (Scroll down on the homepage to find the live stream)*

DAILY MASS

MON, TUES, THUR, FRI: 8:15 AM in main church

EUCCHARISTIC Adoration FRIDAYS: After 8:15 AM
Mass ending at 7 PM. Evening Prayer & Benediction: 5 PM

CONFESSIONS FIRST FRIDAYS: 6:30 to 7:30 PM
SATURDAY: 4 to 4:45 PM *Accessible by rear door of church*

CHAPEL Open for private prayer daily: 9 AM to 4 PM

Parish Stewardship

Weekly Parish Offertory Budget \$15,385

Due to an early bulletin deadline, offertory will be noted in next weekends' bulletin

Thank you! We are a generous people and our God is a generous God.



Need a simple way to donate? Use this QR code or visit the link below to set up recurring donations or donate one time:

hfdux.click/giving

BIBLE STUDY

A five-week course, *A Panorama of the Old Testament* by Little Rock Scripture Study, will be offered beginning June 23 in the Parish Center. Led by Linda Crowley, the group will meet Tuesdays from 7:00-8:30 PM. The \$20 registration fee includes a study guide, reflection questions, and access to online lectures.



This course explores the story of God's people throughout the Old Testament, uncovering key themes, familiar figures, and God's plan of salvation. No previous Bible study experience is required.

Register today: www.hfdux.click/biblestudy

Questions contact Mary Juliano Hayes at mhayes@holyfamilysduxbury.org.



ALL ARE WELCOME MINISTRY

Everyone is invited! The Mary, Queen of Martyrs "All are Welcome" Ministry, it's members, families, and friends of the LGBTQ+ Community invite you to join them for upcoming events. Join them for Mass on **Sunday, June 14 at 11:30 am** at Our Lady of Lourdes Church, 130 Main St., Carver, MA as they celebrate God's great love for each and every one of us. There will also be a luncheon reception after Mass.

LITURGY/DEVOTION UPDATES

First Friday/Evening Confessions

Friday, June 5 from 6:30 – 7:30 pm in the church Reconciliation Room. Enter by way of the rear door of the church.



Corpus Christi Procession

On the Solemnity of the Most Holy Body and Blood of Christ, next **Sunday, June 7**, our parish will have a Eucharistic Procession **immediately following the 10:30 am Mass**, which will take us in front of the church onto Tremont St. to Chestnut St. returning by way of the lower parking lot and ending with Benediction on the lawn beside the church.



Refreshments will be available afterwards. Demonstrate your faith in the Real Presence of Jesus in the Eucharist and plan on joining this brief procession behind our Eucharistic Lord Jesus carried in the monstrance under a canopy and accompanied by prayer and song.

Wednesday Weekday Masses

While Holy Family no longer has Mass on Wednesday mornings, there are a number of parishes near us that offer a Mass on Wednesday morning.

- Our Lady of the Assumption, Marshfield – 8:00 AM
- St. Joseph, Kingston – 9:00 AM
- St. Mary, Hanover – 9:00 AM
- St. Peter, Plymouth – 9:00 AM

Eucharistic Adoration Hours Extended

Come spend time with the Lord

Beginning Friday, June 5, Adoration will now be available from 9:00 AM to 9:00 PM in the chapel. (Enter via chapel door)



What is Eucharistic Adoration?

In the Eucharist, we believe Jesus is truly present—Body, Blood, Soul, and Divinity. Eucharistic Adoration is simply quiet time spent with Him. It is an opportunity to step away from the busyness of life, sit in prayer and silence, and bring your hopes, worries, gratitude, and intentions to God. Some people pray the Rosary or read Scripture, while others simply sit peacefully in His presence.

BIKE & SCOOTER CLUB

Starting Sunday, TODAY May 31 after the 5 PM Mass!

Summer is coming! Join us every Sunday in the upper rear parking lot following the 5 pm Mass. We will provide pizza, chalk, and bubbles. Families are encouraged to bring a bike or scooter and a helmet. All are welcome!



FOURTH OF JULY PARADE

This year, we are looking for parishioners interested in forming a committee to design and create a float or another creative representation of our parish for the parade.



For the past several years, our parish has participated in the town's Fourth of July Parade. Some years we've created a float, and last year we featured the "Fr. Bob Mobile," inspired by the Pope Mobile!

Participating in the parade is a wonderful way for our parish to be present in the community and reconnect with people we may not have seen at church recently.

If you would like to help, please contact Jeanne Cregan at jcregan@holyfamilyduxbury.org.

MOVIE NIGHT

Join us TONIGHT- Sunday, May 31- at 6:15 PM in the Parish Center as we watch the movie Carlo Acutis: Roadmap to Reality.



This inspiring film tells the story of Blessed Carlo Acutis, a modern teenager who used his passion for technology to share his deep love for the Eucharist. His life is a powerful reminder that holiness is possible at any age—and in the midst of everyday life. All are welcome. Bring family and friends for an uplifting evening together.

SUMMER PROGRAMS

for Kids & Middle Schoolers

Last chance to save \$20! Register by today, May 31, to and use coupon code: SUMMERFUN

Vacation Bible School

August 10-14 | 9 AM - 12 PM
Ages 4 - Entering Grade 5

Cost:
\$150 (1 child) | \$250 (2) | \$325 (3+)

VBS is back! A beloved favorite returns - perfect as a first camp and a joyful break in the middle of summer.



Middle School Faith Formation Week

July 26-30 | Entering Grades 6-7

Cost:
\$225 (1 student) | \$390 (2)

Busy with sports + activities during the school year? This fulfills Bridge requirement for the 26-27 school year!



Celebrate THE CLASS OF 2026

It's time once again for Holy Family's Senior Spotlight! We invite families to send:

A current photo and a childhood photo (First Communion photos are especially welcome!)

Please also include:

Your senior's name | The school they will be graduating from | Their future plans

Photos and information can be sent to photos@holyfamilyduxbury.org by June 6.



STAY CONNECTED WITH HOLY FAMILY!

Do you receive our biweekly newsletter? Get parish updates right to your phone or inbox!

TEXT **HFDUX** TO **84576**
OR **SCAN QR CODE** TO SUBSCRIBE!



CELEBRATE LIFE'S SPECIAL MOMENTS

Welcoming a new home, car, or boat? Celebrating an engagement or expecting a baby?

Our clergy would be honored to pray with you and offer a blessing for these meaningful milestones.



Fr. Bob, Fr Jim, Deacon Don, or Deacon David are available after Mass or one of the clergy can come to your home or location. **Call the Parish Office at 781-934-5055 to schedule.**

PRAYER SHAWL MINISTRY

Help bring comfort through prayer and knitting. This ministry creates shawls for the sick, elderly, and anyone facing challenges. Monetary donations for yarn are always welcome.



Join the knitting group on the first Tuesday of the month – next meeting is this **Tues., June 2, from 1-2 pm** at Holy Family. For more information, contact Mary Jane Roche at 781-264-4943.

KNOW SOMEONE INTERESTED IN BECOMING CATHOLIC?

If you have a friend or family member who would like to explore Catholicism or complete their initiation in the Catholic Church by receiving Holy

Eucharist and Confirmation, let them know about the Order of Christian Initiation of Adults (O.C.I.A.). We are available at any time to answer what questions individuals may have. Interested persons are welcome to contact Jeanne Cregan at 781-934-5055 x114 / jcregan@holyfamilyduxbury.org. Please spread the word!



WOOD BENCHES AND TABLE RESTORATION

We're looking for a volunteer to refinish the benches outside our church entrances, as well as a picnic table outside the Parish Center. If woodworking or refinishing is a skill you have and you would be interested in helping with these projects, please contact the Parish Office at 781-934-5055.

REQUIRED VOLUNTEER TRAINING

Whether you are a clicker, a musician, a Faith Formation teacher or any other ministry this training is for you!

Attending safe environment training, Protecting God's Children (PGC), is a requirement put forward by the United States Conference of Catholic Bishops. All our volunteers are required to take this one-time training. If you have not taken PGC, please register for our upcoming session this **Thursday, June 4** at 10:00 am or next **Sunday, June 7** at 6:15 pm in the Parish Center.

To sign up:

Go to virtusonline.org

→Click on "First-time Registrant"

→"Begin the registration process"

→Select "Boston, MA (Archdiocese)"

→Sign up

→Then click "Register for Training"

→Select the training session on June 4 or June 7 at Holy Family.

If the Holy Family dates do not work for you, there are many other local churches that have scheduled training that you may attend. You simply bring your certificate to the office after the training in another location.

For questions, please contact Jen Castricone at 781-934-5055 x113.

NOTE WRITING MINISTRY- SPONSOR NEEDED

For the past several years, dedicated parishioners have written notes on behalf of our community to those experiencing homelessness at Fr. Bill's who receive meals once a month prepared by our parish, and to seniors receiving meals through the Duxbury Senior Center.



One generous donor has sponsored the printed notecards used for this ministry, at a cost of approximately \$900 per year for several years. Due to personal circumstances, this parishioner is no longer able to continue funding the program. *We are seeking a new sponsor to help keep this meaningful ministry going.* If you are able to help, please contact the parish office at 781-934-5055 x114 or speak with Jeanne Cregan after any weekend Mass.


LuAnn Luke
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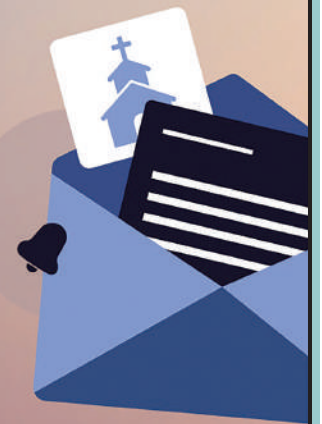
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Holy Family, Duxbury, MA

04-0477



Holy Family Staff

*Asterisk indicates e-mail address is first initial of first name plus last name@holyfamilyduxbury.org

- Pastor** Very Rev. Robert J. Deehan, V.F.*
- Senior Assistant** Rev. James Ronan*
- Deacons** Donald R. Larose* | David Cosgrove*
- Senior Deacon** Arthur J. Keefe
- Pastoral Associate** Jeanne Cregan*
- Finance & Operations Manager** Cheryl Provost*
- Parish Admin. Assistant** Kristen McArdle
- Coordinator/Family Faith Formation** Jen Castricone*
- Family Faith Formation Minister (p/t)** Jackie Halpin Curran*
- Faith Formation Adm Asst (p/t)** Mary Juliano Hayes*
- Media Specialist (p/t)** Abby Cirincione*
- Music / Liturgy Director** Mary Keefe*
- Accompanist (p/t)** Brian Pierce*
- Maintenance / Custodian (p/t)** Tim Heinstadt*

BULLETIN DEADLINE: Friday 10 AM *

**For the second Sunday thereafter.*

Subject to change due to occasional early deadline date

REGULAR MEETINGS

Christian Men in Discussion

Saturdays at 7:30 am-8:30 am

Contact Deacon Donald Larose

dlarose@holyfamilyduxbury.org

Daytime Bible Study

Thursday (Sept.-June) at 10:00 am-11:30 am

The Respect Life Committee

Second Saturday of the month 8:30 am -

9:30 am Contact Colleen Larose at

clarose1960@outlook.com

The Prayer Shawl Ministry

First Tuesday of each month from 1 pm to 2

pm Contact Mary Jane Roche at 781-264-

4943

Order of Christian Initiation of Adults (OCIA)

Contact Jeanne Cregan at

jcregan@holyfamilyduxbury.org

PARISH PASTORAL COUNCIL

Vice-Chairperson Aimee Casale-McCarthy

Chairperson Fr. Bob Deehan

ex-officio Jeanne Cregan

Maeve Bresnehan (youth), Mae Pike (youth), Luke Uitti (youth), Mary Cullity, Dave Doyle, Susan Gandt, Chad Joyce, Dan Mastrogiacomio, Fran Russell, Kathy Turok, Jack Webb.



PARISH FINANCE COUNCIL

Chairperson Paul Casale

ex-officio Fr. Bob Deehan

ex-officio Cheryl Provost

Paul Brogna, Tom Kazanowski, Belinda MacLaren, David Madigan

PARISH OFFICE HOURS - Monday through Thursday - 9 am to 4 pm. Friday 9 am to 12 noon.

FACING A LIFE CHALLENGE? - Our parish Stephen Ministry offers one-on-one confidential care and support. Contact Deacon Don Larose at 781-635-5502 or Colleen Larose at 339-832-2366.

ITHIRST SUPPORT FOR THOSE EXPERIENCING ADDICTION AND/OR FOR THEIR LOVED ONES - Sponsored by the Archdiocese of Boston, this ministry offers confidential, caring and spiritual support to those experiencing addiction and/or to their loved ones. Local contacts are Eileen Cerne at 781-424-8533 or Paul Kasimatis at 781-934-5890.

HOLY FAMILY PRAYER LINE
781-934-5055 (ext. 133)
Leave your name and specific Prayer Request



SACRAMENT OF MARRIAGE

Engaged couples should contact the Parish Office at least 6 months prior to the proposed date and before finalizing reception plans.



SACRAMENT OF BAPTISM Baptism: 2nd and 4th Sunday of each month 12:30 pm. Contact the Parish Office to register.

AUTO ANGELS- If you need a ride to Sunday Mass, please call Jackie Barbieri: 508-423-1803

ST. VINCENT dePAUL- Emergency financial assistance: 781-361-3595

DRIVEN TO AID -Transportation to medical appointments
Contact Deacon Art Keefe: 781-264-0473

PASTORAL VISITATION When confined to home, please call the Parish Office to arrange for a visit and Holy Communion

MY BROTHER'S KEEPER - If you would like to donate new or used furniture in excellent condition, please call Deacon Don Larose at 781-635-5502

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