

## **Month Assigned**

## **Prayers to Know By Heart**

### **September:**

#### **Sign of the Cross**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

### **October:**

#### **The Lord's Prayer**

Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done on earth  
as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

### **November:**

#### **Grace Before Meals**

Bless us, O Lord, and these your gifts  
which we are about to receive  
from your goodness,  
through Christ our Lord. Amen.

### **November:**

#### **Grace After Meals**

We give you thanks for all your gifts,  
almighty God,  
Living and reigning now and for ever. Amen.

### **December:**

#### **Hail Mary**

Hail, Mary, full of grace.  
The Lord is with you!  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.

**January:**

**Act of Contrition**

My God, I am sorry for my sins  
with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance, to sin no more,  
and to avoid whatever leads me to sin.  
Jesus Christ suffered and died for us.  
In his name, dear God, forgive me. Amen

**February:**

**Glory Be to the Father**

Glory be to the Father, and to the Son,  
and to the Holy Spirit:  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

**March & April:  
(grades 3 - 8)**

**The Apostles' Creed**

I believe in God, the Father almighty,  
Creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
Was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living  
and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen